

# **Stuttgart Piranhas Coaching Philosophy & Disciplinary Policy**

## **Coaching Philosophy**

Our ultimate goal of coaching swimming is to develop successful swimmers, both in and out of the water. As every swimmer is an individual, the definition of success varies from one swimmer to the next. Technique is critical! Every swimmer begins development as an all around swimmer with IM focused training, with a strong fitness base including distance training, dry-land training, and flexibility development. Work ethic, positive attitude, and sportsmanship will be emphasized and rewarded. Swimmers will develop personal short and long term goals and strategies to achieve them. All swimmers are integral to our team, from the newest to the most seasoned. Swimmers have a responsibility to themselves and their teammates to act with integrity, dedication, and excellent sportsmanship in practice, at swim meets, at home and at school, to promote an atmosphere of excellence in the Stuttgart Piranhas.

## **Disciplinary Policy**

The head coach and coaching staff are responsible for maintaining the order, discipline and safety of the swimmers during swim practice, dry-land training and swim meets. When a swimmer fails to behave appropriately, or abide by the Swimmers Code of Conduct, the coaching staff is responsible for taking disciplinary action. Coaching staff decisions are final. Swimmers and family members may follow the process outlined in the Piranhas Constitution, Article V, Section VI to resolve concerns and conflicts.

When a swimmer fails to behave appropriately the following disciplinary actions may occur:

1. First Offense: The swimmer will receive a verbal warning from the coach and may be removed from the pool to do conditioning exercises (push-ups and sit-ups) on the pool deck.
2. Second Offense in one day: The second offense will result in the swimmer being dismissed from the pool. The coach will provide a written record of the offense to the parents/guardians and the Board.
3. Three Written Offenses: After a swimmer has three written offenses on record, the swimmer will be referred to the Board for consideration for dismissal from the team.
4. The following offenses may be referred to the Board in writing for consideration of immediate dismissal from the team.
  - a. Stealing.
  - b. Vandalism.
  - c. Violent Behavior.
  - d. Disrespect or defiance of team coaches and/or other authorities.